

*Inspired by
grandma's cooking*

RITHUL

INDIAN RESTAURANT



Menu

The Elms Hotel
London Road, Retford, DN22 7DX

✉ theelmsretford@gmail.com

☎ 01777949491

BEFORE *You* BEGIN

Pappadoms (GF)

Crispy lentil crackers.

£ 0.95

Trio – Chutney Tray

A selection of homemade chutneys & traditional pickles.

£ 2.95

Kerala Mix Snacks

An authentic crunchy medley featuring banana chips, Pakkavada (ribbon pakoda), and murukku. Served with pickle tray.

£ 5.49

Butter Milk Short

Refreshing buttermilk pani puri served in crispy puri offering a perfect blend of sweet and savoury.

£ 5.49

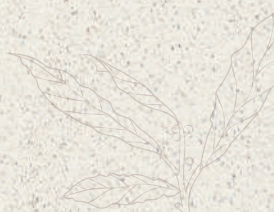


THE BEGINNING

Rasam – South Indian Spiced Soup (Ve, V, GF)

A warming South Indian soup of tamarind, tomato, black pepper and cumin finished with mustard seeds and curry leaves.

£ 6.49



Kashmiri Paneer Shashlik (V, GF)

Soft cubes of paneer marinated in yogurt and spices, skewered with peppers and grilled.

£ 7.49

Onion & Mirchi Bhaji (V, Ve, GF)

Sliced onions coated in a spiced gram flour batter and fried until golden.

£ 6.85

Punjabi Samosa (V)

Traditional pastry triangles stuffed with a savoury spiced filling.

£ 7.49

Chilli Gobi (V, Ve)

Crispy cauliflower florets tossed in a tangy Indo-Chinese glaze.

£ 7.49

Chilli Chicken

Succulent chicken tossed in a vibrant spicy sauce with peppers.

£ 8.49

Tandoori Chicken Tikka (GF)

Boneless chicken marinated in ginger, garlic and yogurt.

£ 8.85

Hariyali Chicken Tikka (GF)

Chicken coated in a fresh marinade of mint, coriander and spinach.

£ 8.75

Rajasthani Lamb Chops (GF)

Succulent chops marinated in an aromatic spice blend.

£ 9.45



Fish Tawa Fry { SEASONAL } (GF)

Fresh Seasonal fish fillets marinated in coastal spices and pan-fried.

£ 9.95

Cochin King Prawn Fry (GF)

King prawns marinated in South Indian spices and flash fried.

£ 9.95

Quilon Style Squid Fry (GF)

Tender squid seasoned with coastal spices.

£ 9.95

Angamali Pork Ularthiyathu (GF)

Slow-roasted pork cooked with coconut slices and Kerala spices.

£ 8.95

Achayans Beef Fry

Classic Kerala beef sautéed with roasted spices.

£ 9.95

The Elms Mix Grill

A premium selection of our house favourite grilled meats.

£9.95



CHEF'S Signature SPECIALS

Coastal & Heritage Dishes



Prawn Mango Curry (GF)

Fresh prawns simmered with green mango and coconut milk.

Kottayam Kappayum Meenum (GF)

Boiled cassava served with fiery Kerala fish curry.

Kuttanad Duck Mappas (GF)

Duck slow-cooked in aromatic coconut milk gravy.

Toddy Shop Beef Curry (GF)

A rustic Kerala preparation with roasted spices and coconut.

Elms Special Chicken Curry (GF)

A house signature inspired by Kerala's spice heritage.

Lamb Rogan Josh (GF)

A classic Kashmiri slow-cooked lamb curry with aromatic spices.

House Boat Meen Pollichathu

Fish marinated in robust spices, wrapped in banana leaf and slow roasted.
Served with naan or rice

Elms Special Seabass Moilee (GF)

A delicate coconut milk curry inspired by Kerala's Malabar coast.
Served with rice

Goan Seabass (GF)

A bold coastal preparation reflecting Goa's Portuguese-influenced cuisine.
Served with rice

Alleppey Fish Curry (GF)

A rustic Kerala backwater curry traditionally cooked in earthen pots.

£18.95



£17.95



£17.95



£17.95



£17.95



£17.95



£16.95



£17.95



£16.95



£17.95



MUGHLAI BIRYANI



Veg £12.95 (GF)

Chicken £15.95 (GF)

Lamb £16.95 (GF)

King Prawn £16.95 (GF)



A royal Mughal dish of fragrant basmati rice layered with marinated meat, saffron and boiled egg, slow cooked in sealed pots.



FROM THE TANDOOR



Tandoori Chicken

Half **£9.95**
Full **£17.95**

Tender chicken marinated in spiced yogurt and then roasted in a clay oven.



Tandoori Mix Grill

£21.95



A sizzling assortment of tandoori favourites including chicken, lamb and kebabs. Served with plain Naan.

REGIONAL CLASSICS

Choose your sauce base:



Madras



Korma



Tikka Masala



Jalfrezi



Makhani



Karahi



Bhuna



Saag

Veg £10.95
Paneer £13.95
Chicken £14.95
Lamb £16.95
King Prawn £16.95



VEGETARIAN SPECIALTIES

Amritsari Chickpea Masala (V,Ve,GF) £11.95
Okra Masala (V,Ve,GF) £11.95
Bombay Aloo (V,Ve,GF) £11.95
Gobi Manchurian (V,Ve) £11.95
Veg Mix Grill (V,Ve) £16.95
Brahmin Sambar (V,Ve,GF) £10.95





ACCOMPANIMENTS & SIDES



Beans & Carrot Thoran (V,Ve,GF)	£6.95
Daal Thadka (V,Ve,GF)	£6.95
Tandoor Veg (V,Ve,GF)	£6.95
Side Salad	£4.50
Chips	£3.99



RICE

Plain Rice (GF)	£2.95	Mushroom Rice (GF)	£3.45
Ghee Rice (GF)	£3.45	Egg Fried Rice	£4.95
Jeera Rice (GF)	£3.45	Keema Rice	£6.45
Pulao Rice (GF)	£3.45	Chicken Fried Rice	£5.95
Lemon Rice (GF)	£3.45	Peshwari Rice	£4.95
Coconut Rice (GF)	£3.45		

CLAY OVEN BREADS

Tandoori Roti	£2.85	Garlic & Coriander Naan	£3.95
Chapati (2)	£2.85	Peshwari Naan	£4.25
Plain Naan	£2.85	Lamb Keema Naan	£4.95
Garlic Naan	£3.95	Malabar Porotta (2)	£3.95
Butter Naan	£3.95		
Cheese Naan	£3.95		
Cheese Chilli Naan	£3.95		



THE SWEET FINALE



Gulab Jamun

£7.95

Soft milk-solid dumplings soaked in rose-scented sugar syrup

Allergens: Dairy, Gluten

Carrot Halwa

£7.95

Slow-cooked grated carrots with milk, sugar, and aromatic spices

Allergens: Dairy, Nuts (may contain)

Kulfi (2 Scoops)

£5.95

Traditional Indian ice cream, rich and creamy with cardamom

Allergens: Dairy, Nuts (may contain)

Payasam

£7.95

Sweet South Indian pudding made with milk, vermicelli or rice, and cardamom

Allergens: Dairy, Nuts (may contain), Gluten

Ice Cream (3 Scoops)

£5.95

3 scoops of ice cream from the selection of strawberry, chocolate and vanilla



LASSI

Traditional Indian Yoghurt based Drink

	Glass	Jug
Sweetened	£4.49	£9.50
Mango	£4.99	£9.99



Allergen & Dietary Notice

Please inform a member of our team before ordering if you have any specific dietary requirements or allergies.

All dishes are prepared and cooked in a kitchen where allergen ingredients (including nuts, mustard, gluten, and others) are regularly used. While we take great care, we cannot guarantee that any dish will be completely free from traces of allergens.

Ve- Vegan / DF- Dairy Free / NF- Nut free / V- Vegetarian / GF- Gluten free



We appreciate your visit.
Thank you, and we look forward to seeing you again.

AUTHENTIC INDIAN & COASTAL SIGNATURE MENU

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